

What is a Palanca Letter?

Palanca is the spanish word for lever or influence. A palanca letter is written to lift up, support, and encourage a friend or family member. Usually given while on a religious retreat or mission, palanca letters can also be sent to someone in prison. Whoever the recipient, they are incredibly emotional and uplifting for both the recipient and writer. Palanca letters are not terribly lengthy and are always spiritually uplifting.